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Boston University



**Boston
University
Medical
Campus**

Campus UPDATE

May 1990

Vol. 2 No. 5

Keeping alive the spirit of Earth Day

In keeping with the spirit of Earth Day, the Medical Campus is sponsoring a paper-recycling program, aimed at recapturing valuable resources that are currently being discarded.

In March, recycling receptacles for various paper products were introduced to four BUMC departments.

According to Jim Monroe of Facilities Management, employees are responding well to the opportunity to help the environment, with many taking the time to cull recyclable waste from that which cannot be recycled.

Because employee participation is essential to the recycling program, Monroe stresses that it will be made available on a purely voluntary basis.

For more information, contact the Department of Facilities Management at 638-4567 (x4567). □

**See page 3 for recycling
do's and don'ts**



Helen Dennis of the School of Medicine (left) celebrates 25 years of service at the annual Service Recognition Dinner, held April 25 on the Charles River Campus. Dennis's daughter, Linda Dwyer, pins a corsage on her mother prior to the ceremony.

See story, page 3.

BUMC strollers take a walk on the historical side

Medical Center employees interested in joining a lunchtime walking group are invited to meet each day at noon in front of the Atrium Pavilion to embark on a 2.25-mile, 30-minute stroll to Copley Place and back.

"The group is a way for employees to meet their ex-

ercise needs on the job and to discover what the South End has to offer," notes Donald R. Giller, director of Marketing and Public Affairs at the Medical Campus and founder of the club. Giller says he has been walking the same route for several months and finds the course a safe, con-

venient way to exercise and to have fun.

"Many people come to work each day not realizing the history and culture that lie within this community," says Giller. "I have been joined by numerous individuals, who—in addition to enjoying the walk—also enjoy each other's company.... It's very refreshing."

Giller's walks have been part of a diet-and-exercise program he began at the end of February on the advice of Robert H. Lerman, M.D., Ph.D., director of the Evans Nutrition Clinic at UH. Lerman advocates walking as an effective form of exercise, saying that on average walking briskly burns about 100 calories per mile, depending on a person's weight—the greater one's weight, the more calories one can expect to burn.

Record-breaking Hoop-a-thon raises \$40,000



WHDH-TV's Peter Henderson (far left) and WCVB-TV's Brian Leary (second from left) were among the celebrity guests at the 11th annual Hoop-a-thon for Huntington's disease. May Long, executive director of the Massachusetts Chapter of the Huntington's Disease Society of America (bottom row, left) crouches near Toni Richardson, this year's Huntington's disease poster person.

See story, page 4

**Walking
continued on page 2**

Voter-registration drive comes to Medical Center

A major voter-registration campaign makes its way to the Medical Center on Wednesday and Thursday, June 6 and 7, in an effort to register Massachusetts citizens in time for the fall gubernatorial and legislative elections.

The Massachusetts Hospital Association, which is sponsoring the drive, hopes to register as many Massachusetts citizens as possible through the drive before the primary election on Tuesday, Sept. 18, and the general election on Tuesday, Nov. 6.

The times and locations

for the registration sessions are as follows:

- **Wednesday, June 6:** noon to 2 p.m. at the entrance to the SkyLight Dining Pavilion; 4 p.m. to 6 p.m. on Atrium 1; and
- **Thursday, June 7:** 7:30 a.m. to 9:30 a.m., and 2:30 p.m. to 4:30 p.m., at the top of the Atrium 2 escalators.

Until recently, Massachusetts citizens have been required to register to vote in the city or town in which they reside; however, a new voter-registration law, signed last November by

Governor Dukakis, enables citizens to register at any voter-registration session, or with any city or town clerk, election commission or board of registrars of voters.

The MHA campaign, entitled "Caring to Vote/Voting to Care," is designated to "encourage the health-care family to become actively involved in this year's gubernatorial and legislative elections," says Kenneth Leary, director of Emergency Medical Services for the MHA. "In recent years," asserts Leary, "fewer voters have decided

more and more elections. Essentially, this means that a minority of the electorate are able to determine ... policy that affects our lives through electing candidates into office."

According to Leary, who has been working closely with the Boston Election Commission, the registration process takes only two to three minutes and individuals need no special identification to register.

Those who have moved to a new city or town or have undergone a name change since they last voted must re-register to vote.

Walking

continued from page 1

"Walking is an excellent form of exercise and it doesn't lead to as much stress on the joints as some other forms of exercise, such as jogging," notes the physician.

In itself, Lerman says, exercise has tremendous physical and psychological benefits. Coupled with a change in eating habits, exercise can result in successful weight reduction.

"Studies conducted at the University Hospital have produced evidence that shows that weight loss—without exercise—can result in a loss of lean body [muscle] tissue. This loss of muscle can be prevented through exercise," Lerman explains.

Walk encompasses culture, history

Giller has mapped out the route he walks regularly, starting from, and ending at, the Atrium Pavilion (see accompanying map).

The route takes walkers north along East and West Newton Streets, crossing Washington and Tremont Streets and Columbus Avenue. Proceeding east through the new Southwest Corridor Park to the Back

Bay/South End MBTA station, walkers can shop, browse or dine at nearby Copley Place. From there, the route proceeds south along Dartmouth and West Dedham Streets, then west along Shawmut Avenue, through Blackstone Square, to West and East Newton Streets, and back to the Atrium Pavilion.

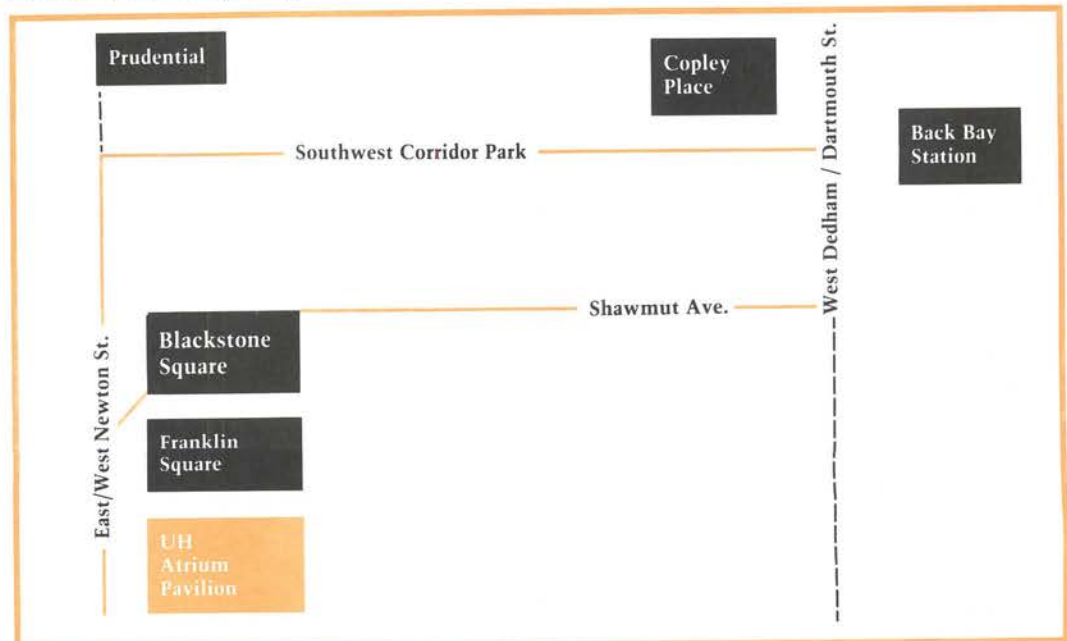
All along the route, walkers can observe elegant brick-front buildings, shops

and various landmarks, rich in history.

Two such landmarks are Franklin Square, on the east side of Washington Street; and Blackstone Square, on the west side of Washington Street. These twin parks, each with a fountain, mark the scenes of battles between American and British troops during the American Revolution.

Other assorted landmarks include the historic

Franklin House—located directly across from Franklin Square on East Newton Street—which today is a senior citizen housing complex; the Villa Victoria Cultural Center; the residences of the Villa Victoria community on West Dedham Street; and, located on Shawmut Avenue, the Blackstone Community School and adjoining South End Health Center. □



Students and staff can take advantage of the warm weather for a stroll through the South End in a recently-formed walking group, which meets each day at noon in front of the Atrium Pavilion. The 2.25-mile, 30-minute route is outlined in orange above.

Staff service honored

Each year, Boston University recognizes the contributions of longtime members of its faculty and staff at the annual Service Recognition Dinner. This year's dinner, held April 25, honored the following employees from the Medical Campus for their dedicated service.

In recognition of retirement

Asher Adamson, Facilities Management (10 years)
Irene Beach, Admissions (17 years)
Harriett Goodman, Student Financial Management (11 years)
Joseph Kerrins, Obstetrics and Gynecology (20 years)
Barbara Loewy, Biochemistry (16 years)
Remedios Rosales, Pathology (20 years)

In recognition of 25 years of service

Helen L. Dennis, Medicine
Ronald R. Diodati, Pedodontics
Spencer Frankl, GSGD dean
Alan Lazerson, Psychiatry

In recognition of 10 years of service

Jennifer J. Anderson, Medicine
Steven Aveni, GSGD Operative Dentistry
Maryann Barry, Radiology
Morris Berdichevsky, GSGD Periodontics
Paul H. Black, Microbiology
Richard V. Bradshaw, Purchasing/Property Management
Andrew Burke, Facilities Management
Ralph E. Cairns, Mail Room
Lennox C. Canhigh, Facilities Management
George P. Cassidy, Medicine
Leslie E. Chute-Ross, Biochemistry
Carolyn Connelly, Medicine
Donald E. Craven, Medicine
William Crumble, Facilities Management
Elizabeth Desantis, GSGD Administration
Michael J. Donovan, Personnel
Loretta A. Dyson, Office of the Registrar
Scott C. Estey, Anatomy
Deborah A. Fein, Psychiatry
Elizabeth A. Gallagher, Administration
Susan R. Hopkins, Medicine
Herbert Z. Kupchick, Microbiology
Eloise E. Licata-Gehr, Neurology
Barry M. Manuel, Continuing Education
Suzanne E. Morin, Neurology
Linda C. Morris, Dermatology
Ellen R. Morse, GSGD Clinic Financial Office
Kalidas Nandy, Anatomy
Arlene F. O'Neil, Development Office
Linda L. Parlee, Microbiology
Lorraine E. Payne, Sponsored Programs
Janice Roberts, Financial/Business Affairs
Edith Segal, GSGD Prosthetics
Mohammad R. Setayesh, GSGD Periodontics
Rudolph A. Thomas, Facilities Management
Chesterfield Thompson, Facilities Management
Adrian K. Turner, Medicine
Brent A. Vogt, Anatomy
Geraldine Waloga, Physiology
Ellen Weinberg, Medicine
Michael L. Weitzman, Pediatrics
Valdemar Welz, Prosthetics
Valerie Worrell, Obstetrics-Gynecology

Computer support services lend a helping hand at BUMC

As computers have become commonplace throughout the Medical Campus, so has the need for on-site computer support services.

In response to this demand, the Computer Services Group has been established on campus and offers, among other services:

- Computer hardware/software selection and installation;
- Systems analysis and planning;
- Applications design and development;
- Hands-on training;
- Computer facilities management; and
- A limited number of processing services.

Computer Services is a part of Information Technology Management Associates, Inc., a four-year-old company specializing in management and computer consulting.

The principal staff includes: Mike King, Janice Guinan, Jeff Lazarus, and Jacqui Boire; all were formerly on staff with the University in a variety of computer-management and technical-support capacities.

To date, some 50 members of the BUMC community have availed themselves of training on IBM-compatible and Macintosh technologies, according to Mike King, lab director at ITMA.

ITMA has been under contract with BUSM since September 1988 to manage the Laboratory for Instructional Technology, located in the basement of the Instructional Building. In the past two years, the lab's equipment has been updated and utilization has risen more than 350 percent.

For more information about the new services, or for a current training schedule, contact Computer Services at 638-4548 (x4548).□

Address change

Facilities Management recently relocated from Level 3 of the Instructional Building to the seventh floor of the Robinson Building. The department's phone number remains the same: 638-4211 (x4211).□

Recycling do's and don'ts

The following is a list of acceptable and unacceptable materials for recycling with regard to the Medical Campus recycling program.

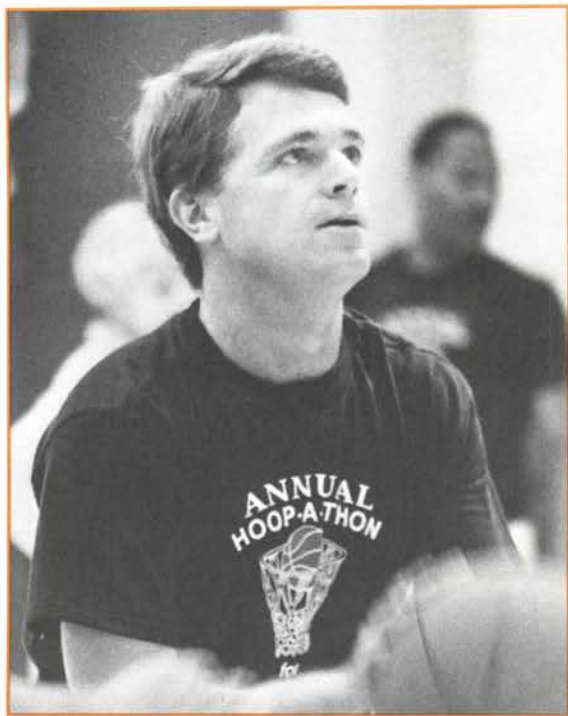
Acceptable

- White typing paper
- White writing paper
- White photocopy paper
- White scratch paper
- Tabulating cards
- Index cards
- Computer printout paper

Unacceptable

- Envelopes
- Carbon paper

- Film, photographs, scotch tape, glue
- Blueprint paper
- Metal objects, spiral binders, fasteners (staples acceptable)
- Newspaper, cardboard, magazines, books
- All colored paper
- File folders
- Trash (cups, lunch bags, wax paper, smoking materials, etc.) □



WCVB-TV's Brian Leary at this year's Hoop-a-thon.

Charles River and Med Campus ties strengthened through two recent appointments

The ties between the Medical Campus and the Charles River Campus are sure to be strengthened in the coming months thanks to two recent appointments made by John Westling, president *ad interim* of Boston University.

Richard Towle, who has been with Boston University since 1980, most recently serving as associate vice president for Administration, has been appointed to the position of vice president for Administrative Services.

In addition to his former responsibilities, Towle will assist in the oversight of the administrative and business functions of the Boston University Medical Campus.

"Through these changes," says Towle, "we hope to increase the utilization of University resources available to the Medical Campus, and to continue to enhance the business operations, building on the excellent foundation that has been established by Bill Gasper over the past three

years. In addition, we hope to work with Dr. Egdaahl in the plan and design of what we hope will be the preeminent medical center area of the city and country."

Westling also recently announced the promotion of William Gasper to the position of associate vice president for Business Affairs at the Medical Campus. Gasper, who has 13 years of service with Boston University, has served as assistant vice president for Business Affairs since 1987. In his new position, Gasper will continue to be responsible for the day-to-day business operations at the Medical Campus and will work closely with Vice President Towle to establish policy and develop new initiatives.

According to Gasper, these organizational changes represent "a dynamic opportunity for the Medical Campus to better take advantage of University resources and to work toward reaching several longstanding goals." □

Hoop-a-thon a record breaker

A record-breaking \$40,000 was raised during the 11th annual Huntington's Hoop-a-thon held Thursday, April 26, in the Solomon Carter Fuller Mental Health Center Gymnasium.

Approximately 170 people from across the city and state—including 20 local television and radio personalities—sunk an impressive 20,000 basketballs in support of the fight against Huntington's disease.

"There was a lot of energy and excitement at this year's event," says May Long, executive director of

the Massachusetts Chapter of the Huntington's Disease Society of America, which is based at the Medical Center. "Over the years, there has been more and more involvement—it's been wonderful."

Media personalities who donned workout wear to shoot basketballs included WCVB-TV's Jim Boyd and Brian Leary; WHDH-TV's Harvey Leonard and Peter Henderson; WBZ-TV's Gil Santos and Tom Kennedy; WXKS-FM's Jim Colony; WBCN-FM's Paul "Tank" Sferruzza; and WILD-AM's "Coach Willy May." □

K Building access control in place

In keeping with Medical Campus Security's ongoing efforts to tighten security at the Medical Campus, the East Concord Street door to the Silvio O. Conte Medical Research (K) Building recently has been secured, allowing for emergency access only. With this change, direct entrance to the Medical Campus will be limited to the Instructional Building lobby. The

K Building may be accessed from the Instructional Building by crossing the third floor bridge.

While Medical Campus Director of Security Richard Natoli regrets any inconvenience to employees, students and visitors, he notes that this action affords greater protection throughout the Medical Center. □

Auto and home insurers visit Medical Campus

Representatives from Seabury & Smith, formerly Marsh & McLennan Group Associates, a provider of auto insurance to University employees, have scheduled a series of biweekly visits to the Medical Campus to answer employees' questions regarding current auto insurance policies and to assist employees in signing up for new policies.

Visits will be scheduled every other Friday, from 11:30 a.m. to 1 p.m. at the

Medical Campus Office of Personnel, with the next visit scheduled for Friday, May 18. The Office of Personnel is located in the Talbot Building at 80 E. Concord Street.

For more information, please contact the Medical Campus Office of Personnel, Benefits Section, at 638-4610 (x4610).

Note: Payments on both home and auto insurance can be made through payroll deduction. □

Campus Update is published monthly by the Boston University Medical Campus Office of Business Affairs; William J. Gasper, associate vice president. Article ideas may be addressed to Mr. Gasper or to Michael J. Donovan, director of Personnel. The publication is produced by the Office of Publication Services: Owen J. McNamara, director; Ted Moncreiff, editor/writer. Staff designer is Catherine LeBlanc. Photos by Lucy Milne.